

Our Family's AI Homework Rules

For parents: AI can be a great homework helper when it helps kids think, not when it thinks for them. Read these rules together; talk about why each one matters, then sign and hang it where homework happens.

Our Rules

- 1 **Try it yourself first.** Give it a real try for 10 minutes before asking AI for help.
- 2 **Ask AI to explain, not to answer.** Say “Help me understand” or “Give me a hint,” not “What’s the answer?”
- 3 **Show your work.** If AI helped, you should still be able to explain every step in your own words.
- 4 **Check with a grown-up.** Ask before using a new AI app or website.
- 5 **Keep personal info private.** Never type your full name, address, school, phone number, passwords, or photos into AI.
- 6 **Follow your teacher's rules.** If your teacher says no AI on an assignment, that's the rule.
- 7 **AI can be wrong.** Double-check facts with your book, your notes, or a grown-up.
- 8 **It's okay to say “I used AI.”** Being honest about getting help is always the right thing.
- 9 **Use it at the homework spot.** AI homework help happens where a grown-up is nearby.
- 10 **Take a break if you're stuck.** Frustrated? Step away, then try again or ask a person.

Grown-up tips

- **Check age limits.** Many AI tools are 13+ under U.S. privacy law (COPPA). Use kid-specific tools or your own account for younger children.
- **Sit nearby for younger kids.** For K–3, stay in the room and use AI together.
- **Pick tools that teach.** Choose apps that give hints and step-by-step explanations, not just answers.
- **Review the chat history.** Look through conversations now and then and talk about what you see.

We agree to follow our family's AI homework rules.

Kid: _____ Date: _____

Grown-up: _____ Date: _____